

Make your health a priority



Get your flu shot

The flu affects millions of people each year and can lead to serious illness, or even death. The flu can be a contagious illness caused by influenza viruses that infect the lungs, throat and nose. According to the Centers for Disease Control and Prevention (CDC), one of the best ways to prevent the flu is by getting vaccinated each year. The CDC recommends a yearly flu vaccine for everyone six months of age and older, as the first and most important step in protecting against this serious disease.



Flu shots are available on a walk-in basis. Show your OptumRx ID card before getting your flu shot.

The SHBP/SEHBP plans cover Flu shots at 100% when you use network pharmacies.

See the pharmacy list below.

Easy access

OptumRx contracts with a variety of national pharmacy chains to provide members with easy access to flu shots. Plus, members get the highest level of benefit coverage (\$0 copay for SHBP/SEHBP members) for flu shots obtained from contracted pharmacies that participate in the Vaccine Immunization/Injection Network administered by OptumRx.³

Flu shots can be obtained on a walk-in basis by presenting your OptumRx ID card at the time of service.

Retail pharmacies

This list represents the larger retail chain pharmacies in our network, but is not the full list. For a more complete list, you can log in to **optumrx.com** or call the number on your prescription ID card. Pharmacists administer the vaccines at these locations.

- Ahold USA (Giant Food Stores, Giant of Maryland, Stop & Shop, Ukrop's)
- Albertsons
- CVS Pharmacy
- Four B Corporation (Hen House, Price Chopper)
- H-E-B Pharmacy
- Hy-Vee Pharmacy
- Kmart Pharmacy

- The Kroger Co. (Dillons, King Soopers, Fry's, Fred Meyer, Ralphs, QFC, Harris Teeter, Roundy's, Pick 'n Save, Copps Food Center, Metro Market, Baker's Pharmacy, City Market, Mariano's, Pay Less, Owen's Market, Jay C Food Stores, Gerbes Pharmacy)
- K-VA-T Food Stores, Inc. (Food City)
- Meijer Pharmacies
- Publix
- Tops Markets
- Walgreens Pharmacy (Duane Reade, Rite Aid, Walgreens)
- Wegmans

- 1. Centers for Disease Control and Prevention. Influenza. cdc.gov/flu.
- 2. Ibid.
- 3. There may be some instances in which a particular location of one of the vaccine providers is not participating in the national OptumRx Vaccine Immunization/Injection Network.

