

Email message – April 20, 2020

**TO:** State Health Benefits Program (SHBP) and School Employees' Health Benefits Program (SEHBP) Certifying Officers, Human Resources Representatives, and Benefit Administrators

**FROM:** Christin E. Deacon, Assistant Director  
Health Benefit Operations, Policy and Planning

**RE: COVID-19 Resource Page for SHBP and SEHBP Members**

The New Jersey Division of Pensions & Benefits (NJDPB) has created a COVID-specific resources page that compiles all of the various resources available to our members during this time. Not only is there coverage information for SHBP/SEHBP, but additional behavioral health resources (e.g., [Joyable](#) –digital mental health solution available to members at no cost with one-on-one coaching and a personalized 8 week BH program), wellness resources (e.g., [Wellbeats](#) – complimentary membership to at-home fitness video and content), and other important information from our carriers (Horizon and Aetna) and Pharmacy Benefit Manager (Optum). We are onboarding additional behavioral health, wellness, and telemedicine capabilities for our members and will be updating the website on a daily basis. Please share with your constituency and use these resources!

<https://www.state.nj.us/treasury/pensions/hb-covid-resources.shtml>

If you have any feedback or would like for us to explore additional ways in which we can serve our members in the SHBP/SEHBP, please reach out to Meaghan Dunfee ([Meaghan.Dunfee@treas.nj.gov](mailto:Meaghan.Dunfee@treas.nj.gov)) with subject line "SHBP/SEHBP COVID Resource Request."

Finally, please make sure to follow us on Facebook at <https://www.facebook.com/njhealthbenefitprograms/> Here you can find more valuable resources for our members, stay up to date on new wellness programming and other pertinent information as we weather this crisis together. Thank you in advance and I hope you are all staying safe and well.

Warmest Regards,

Christin E. Deacon