## School Employees' Health Benefits Program Plan Design Committee Meeting Open Session Minutes March 20, 2023

Adequate notice of this meeting has been provided through the annual notice of the schedule of regular meetings of the Commission filed with and prominently posted in the office of the Secretary of State. The 2023 annual meeting schedule was mailed to the Secretary of State on December 20, 2022, and Star Ledger and the Trenton Times on December 20, 2022. The annual meeting schedule was posted to the Division website on December 1, 2022.

The meeting of the State Health Benefits Commission of New Jersey was called to order on Monday, March 20, 2023 at 10:00 am at the Division of Taxation in Trenton, NJ.

The text of Resolution A (Closed Session) and Resolution B (Executive Session) were read in their entirety in the event that the Commission desires, at any point in the meeting, to approve a motion to go into Closed or Executive session.

Kelly Fields took Roll Call and established that a quorum was present.

## Committee Members:

John Megariotis, Chair, Director, State of New Jersey, Department of Pensions and Benefits Denise Graff Policastro, NJEA Lynn Azarchi, Director of OMB Sarah Favinger, Director, NJEA Andrea Spalla, Governor Appointee Donna Chiera, AFT/AFL-CIO

State of New Jersey Department of Pensions and Benefits Staff: Joyce Malerba Kelly Fields Theresa Williams Nicole Ludwig Sonia Rivera-Perez

Also Present: Alison Keating, State of New Jersey Deputy Attorney General Linda Dewees-Condrey, Hinge Health Becky Berry, Hinge Health Mike Gorfin, Hinge Health John, Technical Representative

## **Division Update:**

There are no updates.

## Hinge Health Presentation:

Becky Berry played a video of one of the educators of the state that have been through the Hinge Health program. Mike Gorfin presented that Hinge Health provides members everything needed for the program such as, sensors, tablets, etc. The program can be downloaded to a smartphone or tablet. The program has a pain management device that collects data to allow Hinge Health to adjust their care plan appropriately for the individual member. Members first do an initial assessment with a physical therapist with a hybrid option to meet virtually or in person, when choosing in person, the physical therapist will go to the member's home for a consultation. Mr. Gorfin stated that costs of this program are included in the program itself.

Kelly Fields made a motion to go into Executive Session. All voted in favor.

Upon returning from Executive Session, Kelly Fields made a motion to adjourn. An unidentified speaker seconded, all voted in favor and the meeting was adjourned at 11:10am.

Respectfully submitted,

Kelly Fields

Kelly Fields Acting Secretary State Health Benefits Commission